

GENERAL TRAVEL INFORMATION

I suggest that you make your travel arrangements to Molokai with a few things in mind. When it comes to flights and connections, timing is everything. We suggest you allow yourself plenty of time between connections from your departure city to your final destination in Moloka'i.

MAINLAND TO HAWAII

There are no direct commercial flights from the mainland to Moloka'i. Major commercial airlines offer flights from the Mainland to Honolulu, Oahu (airport code HNL) or Kahului, Maui (airport code OGG). Typically, the major carriers offer the best fares and more flights into and out of Honolulu (HNL). But don't take my word it's always changing.

INTER-ISLAND FLIGHTS

Inter-island flights from Honolulu or Maui into Moloka'i are serviced by small, inter-island carriers. ~ Hawaiian Airlines ~ Mokulele Airlines. Some major carriers subcontract with an inter-island carrier and issue tickets from the Mainland to Molokai and back as one ticket.

It is often preferable to book flights from the Mainland to Honolulu or Maui separately from the inter-island flights. Please be sure and coordinate your flights with the retreat center's check-in and check-out parameters:

On arrival day, **please arrive after 2pm**. Before then, we are preparing for you and **we cannot accommodate early arrivals. Check out is by noon on your departure day** - your timely departure is appreciated, as we are unable to host guests on site after 12:00.

If you fly earlier or later, lunch over the beautiful view at the Hotel Molokai or a sandwich with Molokai's own coffee at the 'Coffees of Hawaii' plantation can be a pleasant start or end for your week on the island. Depending on where you are flying from, you may choose to spend a night on Molokai before or after your workshop.

Tourist and accommodation information can be found on the internet at visitmolokai.com and molokai-hawaii.com.

ARRIVING AT THE RETREAT CENTER

Transportation from the airport to the retreat center is easiest with a taxi, possibly shared with some of the other retreat participants. The island of Moloka'i is in a rural setting and the Hui Ho'olana is located on a hillside near the center of the island. There are many beaches and points of interest on Moloka'i which are worthwhile exploring before or after the retreat. If you are interested in visiting a beach or exploring the island, *a rental car is recommended*.

You can easily enjoy a true Hawaiian experience without leaving the retreat center. Comfortable lodging and exceptional organic meals are provided daily.

I will send you more detailed information once you are registered with contact information of other participants, so you can arrange travel plans or stays for before and after the retreat.
